

## Lactation Exam Review

### Goal

To enable first-time candidates and certified lactation consultants who have already completed a comprehensive course to pass the IBCLC exam.

### Objectives

- Apply concepts, principles and processes found in the social and life sciences to the IBCLC's clinical roles and responsibilities in breastfeeding and lactation.
- Employ strategies that reflect best practices for interacting with clients, colleagues, and communities to protect, promote, and support breastfeeding.
- Solve selected clinical case studies, with special emphasis on maternal or infant pathologic, sequential, or complicated data.
- Briefly review responsibilities related to techniques and equipment used for breastfeeding and lactation.
- Develop a plan for further study based on own individual strengths and weaknesses for exam success: Predicting likely topics, recalling and applying relevant concepts, principles and processes, and acquiring general test-taking strategies.

### Credits

This course is approved for 25.0 L-CERPs, 25.0 contact hours and 12.0 CPEs at Level II for dietitians.

- Breastfeeding Outlook is approved by the California Board of Registered Nursing, provider #CEP15628.
- Breastfeeding Outlook is accredited as a long-term provider by the International Board of Lactation Consultant Examiners.

### Requirements for Obtaining Credits

- Complete all required assignments in the course including "homework."
- Complete all post-tests with 100% accuracy.
- Attend all sessions of the live portion of the course.
- Complete the course evaluation.

### Expiration

- You will have one year from the start date of the live portion of the course to complete your program and earn credits.

### Details

#### *Course Design*

There are approximately 12 hours of review to be completed outside of the classroom; we call this the "homework". Ideally, this work should be completed prior to attending the live classroom sessions. If necessary, this work can be completed in conjunction with or after the live session, but no certificate will be awarded until all work is completed. Upon registration, you will receive an e-mail from us with instructions for completing the homework, which is completed on our website.

#### *Live Sessions*

The live portion of this course will be held over two (2) days, from 7:30 AM to 4:30 PM on the first day and 7:45 AM to 4:30 PM on the subsequent day. Seventy-five (75) minutes will be allocated for lunch on your own. Light refreshments will be provided during the breaks.

### *Breastfeeding Mothers Policy*

Quiet babies in arms (non-mobile and younger than 5 months old) are welcome. However, crying babies or noisy, active babies make it very difficult for the mother and other participants to concentrate on course material. We encourage you to bring a caregiver to look after your baby's needs outside of the learning room during the course. If you bring your baby, please choose a seat that allows you to leave the room as needed. It is likely you will need to step out of the room to attend to your baby's needs throughout the day.

### **Cancellations**

Only written cancellations received prior to the cancellation deadline are eligible for a refund; no refunds will be issued after that date. All refunds are subject to a \$100 administrative fee and will be issued within 30 days of the receipt of written cancellation. Substitutions are allowed, but please notify our Registrar at 703-787-9894 as soon as possible. In the unlikely event that a program is canceled, Breastfeeding Outlook will refund the registration fee in full, but is not responsible for any travel, hotel, or other costs you may incur.

### **Disclaimers**

The author discloses that she has no significant financial interests in any product or class of products discussed directly or indirectly in this learning program (including research support). This learning program has no commercial or non-commercial support. A detailed disclosure statement is found here <https://mariebiancuzzo.com/disclosures/>.