

Participant Information for:
***Marie Biancuzzo's Lactation Exam Review 2019 and
Picture Perfect: Finding the Clues, Getting the Answers, and Passing the IBLCE Exam***
August 29-30, 2019 and August 31, 2019 • Lowell, Massachusetts

Daily Schedule

Lactation Exam Review Day 1

7:30 AM Registration
7:45 AM Teaching Session begins
4:30 PM Adjourn

Lactation Exam Review Day 2

8:00 AM Teaching Session begins
4:30 PM Awarding of Certificates, Adjourn

Picture Perfect

8:30 AM Registration
8:45 AM Teaching Session begins
4:00 PM Awarding of Certificates, Adjourn

PRE-COURSE REQUIREMENTS FOR THE LACTATION EXAM REVIEW:
Prior to this 2-day course, you will need to view several webcasts which can be accessed on your "My Account" page on our website. It will take 12 or more hours to complete the pre-course requirements.
If you do not have an account, go to breastfeedingoutlook.com/login.php and create one, then email info@breastfeedingoutlook.com with your name and account name so we may add the materials to your account.

TEXT: Lactation Exam Review course participants are suggested to have a copy of Marie Biancuzzo's *Breastfeeding the Newborn: Clinical Strategies for Nurses* (2nd edition, 2003), as it will be useful, but not required, before and during the course. Books can be purchased at breastfeedingoutlook.com.

CREDITS: Participants must attend all the sessions, complete the homework assignments, **and the mock exam** to receive the continuing education certificate. Certificates are only distributed at the end of the program. Please plan your travel arrangements accordingly! Only participants who sign out will receive a certificate of completion. **No partial credit will be awarded.**

LUNCH AND REFRESHMENTS: Each day there will be one mid-morning break, one mid-afternoon break, and a 75-minute lunch break. Lunch recess will begin at 12:30 (12:45 for *Picture Perfect*). Please plan to bring or purchase a lunch. A cafeteria is in the hospital.

For any questions, contact:

Local Coordinator Doreen Gallant, RN, IBCLC or
Laurie Perras, RN, IBCLC • 978-937-6334
doreen.gallant@lowellgeneral.org or laurie.perras@lowellgeneral.org
Alternate contact: Registrar, Breastfeeding Outlook,
703-787-9894, registrar@breastfeedingoutlook.com

Lowell General Hospital
Clark Auditorium
295 Varnum Ave.
Lowell MA 01854-2193

CANCELLATION POLICIES: Only written cancellations received **at least 14 days** before the start of the course are eligible for a refund. Refunds are subject to a \$75 administrative fee and will be issued within 30 days of the receipt of written notice of cancellation.

SUBSTITUTIONS: Substitutions are permitted. Should you need to attend this program in a city other than the one you initially registered for or if you are unable to attend and would like to send someone in your place, please contact Breastfeeding Outlook at 703-787-9894 as soon as possible.

OPTIMAL LEARNING ENVIRONMENT: We want all participants to learn in an environment that is free from discomforts and distractions. Please dress in layers, as it is often difficult to regulate the room temperature to please everyone. Please make sure cell phones and pagers are set to vibrate or are turned off. It is assumed that participants who need to respond to their babies, pagers, etc. will leave the teaching room so that others are not distracted.

BREASTFEEDING MOTHERS POLICY: Quiet babies in arms (non-mobile and younger than 5 months) are welcome. However, crying babies or noisy, active babies make it very difficult for the mother and other participants to concentrate on course material. We encourage you to bring a caregiver to look after your baby's needs outside of the learning room during the course. If you bring your baby, please choose a seat that allows you to leave the room as needed. It is likely you will need to step out of the room to attend to your baby's needs throughout the day.

We reserve the right to cancel the program for insufficient enrollment or other unforeseen circumstances at our discretion. A full refund of the registration fee will be given in this case only, and registrants will be notified by phone and/or email. We are not responsible for any other costs incurred by the participants, including transportation and lodging.

Course Site:

Lowell General Hospital
 Clark Auditorium
 295 Varnum Ave.
 Lowell MA 01854-2193

NEARBY ACCOMMODATIONS:

Courtyard Boston Lowell/Chelmsford
 30 Industrial Avenue, East
 Lowell MA 01852
 978-458-7575

A block of rooms has been reserved at the Courtyard Boston Lowell/Chelmsford. Call 978-458-7575 by August 7, 2019 and ask for the Breastfeeding Outlook group rate of \$164. This rate includes Uber service to/from the program

AIRPORT TRANSPORTATION: Lowell General Hospital is approximately 35 miles from Logan International Airport. To get from the airport to the hospital or nearby hotel you can make a reservation with FlightLine Airport Service. Rates are approximately \$61 each way. Reservations can be made by calling 800-245-2525 or 603-893-8254 (www.flightlineinc.com). Please contact the company directly to verify rates at the time of your travel

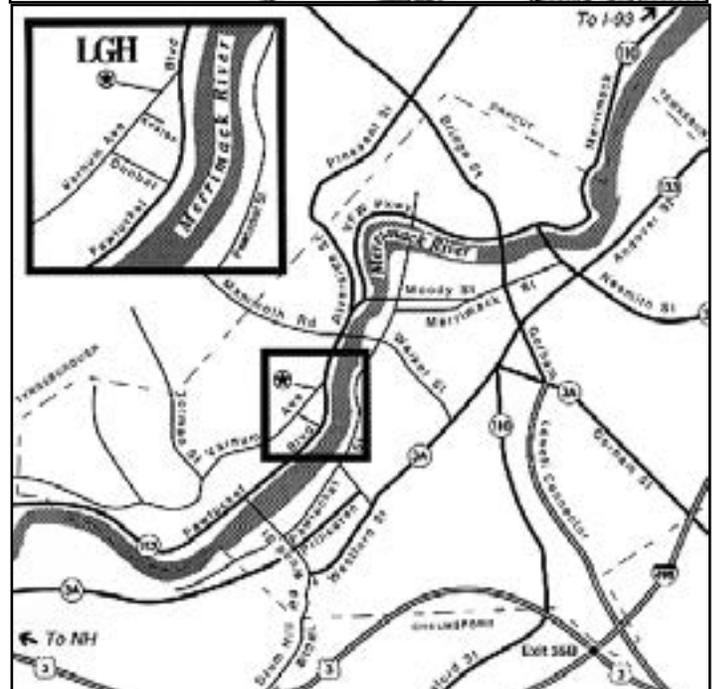
DIRECTIONS BY PUBLIC TRANSPORTATION Lowell General Hospital is located on the Lowell Regional Transit Authority (LRTA) bus Route #7 (Pawtucketville/UMass Lowell North), stop #5. The bus stops at the front door of the hospital. For those requiring additional assistance, the LRTA Road Runner Service is another option for public transportation. Visit the LRTA website (LRTA.com) or call them at (978) 459-0164 for more information.

DIRECTIONS BY CAR

FROM INTERSTATE 495 Take I-495 to Exit 35B, Route 3 North. Proceed north on Route 3 to Exit 32 (Route 4 and 3A) Drum Hill Interchange. Take the Drum Hill Road exit. Approximately one mile head the road will fork left at a traffic light - stay to the left. You are now on Wood Street. Continue through two sets of traffic lights and cross the Rourke Bridge over the Merrimack River. At the traffic light at the end of the bridge, turn right onto Pawtucket Boulevard. Continue on Pawtucket Boulevard for approximately one mile. Turn left at the traffic lights at the intersection of Varnum Avenue. The main entrance to Lowell General is located on your right.

FROM ROUTE 128 Take Route 128 to Exit 32 (Route 3 North). Proceed north on Route 3 to Exit 32 (Route 4 and 3A) Drum Hill Interchange. Take the Drum Hill Road exit. Approximately one mile head the road will fork left at a traffic light - stay to the left. You are now on Wood Street. Continue through two sets of traffic lights and cross the Rourke Bridge over the Merrimack River. At the traffic light at the end of the bridge, turn right onto Pawtucket Boulevard. Continue on Pawtucket Boulevard for approximately one mile. Turn left at the traffic lights at the intersection of Varnum Avenue. The main entrance to Lowell General is located on your right.

FROM INTERSTATE 93 Take I-93 to Exit 43 (Route 133). At the end of the ramp, turn left (towards Tewksbury). Proceed for six miles through Tewksbury and into Lowell. At the traffic light at the intersection of Route 38 (Kittredge Park is on your right), turn right and pass through two sets of stoplights and onto a rotary. Take the second right off the rotary on the VFW Highway (towards Route 38



North Dracut). VFW Highway becomes Rte 113 W. Proceed through five sets of traffic lights and turn right at the intersection of Varnum Avenue. The main entrance to Lowell General is located on your right.

FROM THE NASHUA AREA Take Route 3 South, Exit at Tyngsboro Route 113. Turn right at the end of the exit. Continue straight ahead, passing through a set of stoplights and proceed over the Tyngsboro Bridge. Take the first right after the bridge. After travelling about seven miles, you will pass a Dunkin Donuts and then Heritage Ice Cream on your left. A short distance later, you will come to a set of traffic lights at Varnum Avenue. Turn left at the traffic lights at the intersection of Varnum Avenue. The main entrance to Lowell General is located on your right.

PARKING at Lowell General Hospital is free. Park in the garage at the front of the hospital and enter through the Conference Center entrance.